# ERASMUS +

#### EUROPEAN UNIVERSITIES SPORTS FESTIVAL IN CYPRUS

#### «Student's Sports Festival»

#### Partner search deadline: 25.03.2014

#### **Project description**

1. Idea

The University of Cyprus would like to organize a **European-wide Universities Sports Festival** where University students will have the opportunity to participate in **different recreational and competitive sports activities**, as well as in **cultural and academic events**. This kind of festival will be a great platform where strong synergies between Universities from different countries and social backgrounds will be developed, by fostering the friendship among the participants and the collaboration among various stakeholders,. Students, Academics and University Staff from different parts of Europe will have the opportunity to get together and share ideas, experiences and good practices regarding their athletic programs participating at the same time in an innovative array of sport events, further assisting the integration between European Country members

The recreational sports activities will include aerobic, fitness, water ski, scuba diving, hiking and cycling at the beautiful Cypriot coastline and challenging trails of the Troodos mountain ridge. The competitive sport activities will be a full-program swimming meet and a track and field meet accommodating experienced and novice participants. Depending on the number of advanced student athletes and the interest of the stakeholders these meetings could also be sanctioned by the Cyprus Swimming Federation and the Cyprus Track and Field Federation. As part of the festival we shall also organize a one or two days workshop regarding the university sports programs of different universities and the exchange of good practices within the European Union physical activity guidelines. The culture activities will include, but will not be limited to, different European cultural nights. A special night will be dedicated to theater where the theatrical team of University of Cyprus will present «The ballad of the bridge» a timeless folk story common in various cultures supported with English subtitles.

#### 2. Objectives

- To strengthen relationship, friendship and collaboration between North and South European Union members.
- To encourage participation and social inclusion of students with different cultural, religious, economical and social background.
- To encourage physical activity through participation in sports and volunteerism

- To encourage equal opportunity via gender participation in the event.
- To promote and support recommended policy actions in support of healthenhancing physical activity
- To exchange ideas and good practices for sport programs

### 3. Date of the European Universities Sport Festival: 20.04.2015 – 27.04.2015

#### 4. Universities or Organization Eligibility

- Each involved organization should have the European Union Registration number: **PIC** (Participants Identification Code)
- In order for the festival to be eligible for funding at least twelve University teams from minimum twelve European Union countries have to participate.
- Each university team should participate in Track and Field Competitions and/or Swimming Competitions.
- Recreational, Fitness and Cultural activities would be optional for the athletes
- Workshop participation is mandatory for all participants
- Each university or organization that will participate will get funded for 80% of their expenses.

### 5. Students or Athletes Participation

- From each country will participate approximately 40 students in the various sports activities, accompanied by 1-4 officials observing gender equality!
- Each swimming athlete may participate up to three events except the relays.
- Each Track and Field athlete may participate up to two events except the relays

## 6. Obligations for the partners involved in the project

- Be able to send 40 athletes and 1-4 officials to the festival
- Be able to cover the 20% of the expenses for the air tickets
- Be able to cover the 20% of the expenses for the accommodation (double or triple bed and 3 course menu). The price per person is 100 € per person / per night
- Be able to send one official/academic who will take part in the workshop by giving a 20-30 minutes talk regarding his/hers university sports program and the good practices that follow, regarding the enhancement of the students participation in physical activities and their encouragement against racism, intolerance and doping at a grassroots level of recreational activities.
- Be able to disseminate students perceptions about the event and the minutes of the seminar in their country

## 6.1 Recommendations / Optional activities from partners

The interesting participants are encouraged to suggest actions that will promote the event.

Interested parties are kindly invited to express their interest no later than **25.03.2014** to the following contact person:

Evandros Votsis, Sport Officer, University of Cyprus Tel: 00357 22 894187 00357 99 793266 (mobile) Fax: 00357 22 894190 Email: <u>votsis.evandros@ucy.ac.cy</u> or <u>evandrosvotsis@gmail.com</u>

