



University of Cyprus
Alumni Relations Office
Mentor Programme
Guidance & Counselling for students
Connect today!
www.ucyalumni.com

What is the Mentor programme?

The **Mentor** programme aims to guide about 200 University of Cyprus new alumni and students with the University annually in order to help them prepare for their careers.

The programme is a three-month collaboration, during two possible periods, from October to December and January to March of each year, between new alumni and students or other members of the University community. Students may choose professionals who are willing to share their experiences and knowledge and who will advise them on developing their careers.

What will you gain from the programme?

Graduating students will make contact with their mentor up to three times a month (for about 2-4 hours per month), usually at the mentor's workplace or via Skype/email. The goal is to build a mutually supportive relationship, with predefined goals that address the following:

- Acquisition of knowledge about a particular profession/specialty, organisational structures and functions
- Development of a network of contacts
- Preparation for securing employment
- Development of communication skills
- Understanding the professional world

Additional benefits that may be gained from Mentors – members of the University community:

- Improving learning/study skills
- Boosting self-confidence
- Strengthening time-management skills

Create your account

- Enter www.ucyalumni.com
- Click 'Join Now', select your preferred sign-in method (Facebook/LinkedIn/email) and follow the instructions

Keep in touch, connect with: www.ucyalumni.com



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- When you finish creating your account, within a few days you will receive notification that your membership in the UCY Alumni has been approved
- Once your account is approved you will receive a message that you have gained access to the webpage. Click on the link and connect to the platform www.ucyalumni.com

Time schedule

- Twice a year (September & December), the Alumni Relations Office of the University of Cyprus will announce the opening of registration for the MENTOR programme. At that time, you may connect to the platform following the instructions described above.
- It will not be possible to connect to the platform after the registration deadline of the programme.

How do I search for a mentor?

- Click 'Directory' in the menu at the top of the page
- On the left side of the menu page choose 'MENTOR Programme'
- Search from the list of mentors by entering a name, location, degree or company/organisation

Request your mentor

- Click on the mentor's name to read his/her profile
- Once you have found the mentor you want, click on 'Request mentorship'
- Write a personal message explaining to the mentor why you need him/her to advise you and press send

How do I contact my mentor?

- Enter your profile on the platform www.ucyalumni.com
- Under 'Mentoring' your mentor's profile will appear
- Click and select 'Message'
- Write your message and press send

Note that at the end of the programme you will be requested to complete an evaluation.

¹ NOTE: If you are notified that your account has not been approved and you believe this is a mistake, please contact alumni@ucy.ac.cy or call us on 22894366 so we can assist you.

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It is also possible to contact with your mentor by phone or Skype should a face-to-face meeting not be feasible.

Who can join the programme?

Recent graduates (1-3 years after graduation), postgraduate students with no work experience and students in their fourth year can take part in the MENTOR programme.

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